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DRUGA OBJAVIJEŠT / SECOND ANNOUNCEMENT

OPATIJA - Croatia

Conference Park 25/7 - Amadria Park

**5 - 8/9/2019**

# **XVI Annual Meeting of the MSRM Mediterranean Society for Reproductive Medicine**

**XII Croatian Congress on Gynaecologic Endocrinology,  
Human Reproduction and Menopause** with international participation

**V Congress of Clinical Embryologists** with international participation

## Dear friends,

With great honor and pleasure we invite you to the XVI Annual Meeting of the Mediterranean Society for Reproductive Medicine (MSRM), which will be held from the 5<sup>th</sup> to the 8<sup>th</sup> September 2019 in Opatija, Croatia.

We are confident that this meeting will offer broad, but at the same time profound presentations of different topics in reproductive medicine by renowned and highly experienced speakers.

Exceptional guest speakers, as well as workshop moderators will lead us through the latest controversies in the following

**MAIN TOPICS:** ANDROLOGY; ENDOMETRIOSIS; ENDOMETRIUM; FERTILITY PRESERVATION; HPV AND INFERTILITY; HYSTEROSCOPY; IMPLANTATION; MENOPAUSE; ORAL CONTRACEPTIVES; OVARIAN STIMULATION; OVARIAN FAILURE; REPEATED IMPLANTATION FAILURE; REPRODUCTIVE ENDOCRINOLOGY; REPRODUCTIVE SURGERY; ULTRASOUND IN REPRODUCTIVE MEDICINE

### WORKSHOPS

#### Workshop 1.

Quality control (QC) in an andrology laboratory - Sperm selection for ICSI: a practical approach

#### Workshop 2.

Testis morphology and testicular sperm extraction (TESE): a practical approach

#### Workshop 3.

A practical approach to abnormal uterine bleeding

We invite authors to submit abstracts related to proposed topics. The best oral presentation will be awarded with a free registration and accommodation for the next MSRM meeting.

We look forward to sharing another memorable scientific and cultural experience with you.

Professor **Dinka Pavičić Baldani**, MD, PhD  
Meeting Chairman

Professor **Timur Gürkan**, MD  
President, MSRM 2017-2019

## Poštovane kolegice i kolege, dragi prijatelji!

Vrijeme leti i već smo na domaku novog velikog Kongresa o ginekološkoj endokrinologiji, humanoj reprodukciji i menopauzi. Postajemo zreliji i napredujemo, što su prepoznali europski stručni autoriteti i omogućili nam organizaciju zajedničkog, međunarodnog Kongresa - *XVI Annual Meeting of the Mediterranean Society for Reproductive Medicine* i 12. hrvatskog kongresa o ginekološkoj endokrinologiji, humanoj reprodukciji i menopauzi. Ponosni na ovo priznanje, prihvatili smo i obavezu da budemo još bolji u odnosu na dosadašnju tradiciju uspješnog i značajnog regionalnog sastanka. I ove godine pridružiti će nam se kolege i prijatelji klinički embriolozi sa svojim 5. kongresom Hrvatskog društva kliničkih embriologa. Svjesni smo da potpuni uspjeh možemo postići samo vašim cjelokupnim zadovoljstvom.

Dodatna je novost da smo zbog proširenih zahtjeva kongresa i objektivnih okolnosti, sastanak organizirali u istom terminu, ali u Opatiji. To nam daje nove prilike, široke mogućnosti smještaja i možda potrebno osvježanje i privlačnost.

Čvrsto smo uvjereni da će *XVI Annual meeting of MSRM* i 12. hrvatski kongres o ginekološkoj endokrinologiji, humanoj reprodukciji i menopauzi ponuditi nove spoznaje o većini aktualnih tema. Zbog toga smo pozvali izuzetne predavače, svjetske stručnjake kao i vrhunske regionalne eksperte. Očekujemo interesantne rasprave, suprotstavljanje mišljenja i kvalitetne radionice. Predložiti ćemo i više kliničkih smjernica. Vas, drage kolegice i kolege, molimo da se aktivno uključite u rad kongresa, te obogatite naš program interesantnim prezentacijama i posterima.

Pozivamo Vas da se pravodobno prijavite za ovaj izuzetan dvojni kongres. Sigurni smo da ćemo opravdati visoka očekivanja kako stručnim tako i društvenim događanjima. Predavanja će biti prevedena, a stručne aktivnosti raznovrsne.

Predsjednica kongresa

Predsjednica Hrvatskog društva za ginekološku endokrinologiju i humanu reprodukciju (HDGEHR) HLZ-a

Prof. dr. sc. **Dinka Pavičić Baldani**

Počasni Predsjednik kongresa

Počasni Predsjednik Hrvatskog društva za ginekološku endokrinologiju i humanu reprodukciju (HDGEHR) HLZ-a

Prof. dr. sc. **Velimir Šimunić**

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## ORGANIZATORI / ORGANISERS

- Mediteransko društvo za reproduksijsku medicinu (MSRM) / Mediterranean Society for Reproductive Medicine (MSRM)
- Hrvatsko društvo za ginekološku endokrinologiju i humanu reprodukciju HLZ-a / Croatian Society for Gynecologic Endocrinology and Human Reproduction, Croatian Medical Association
- Hrvatsko društvo kliničkih embriologa / Croatian Society of Clinical Embryologists

## PREDSJEDNICI KONGRESA / MEETING CHAIRMANS

Pavičić Baldani D.

Gürgan T.

Šimunić V, počasni predsjednik / Honorary chairman

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Hafner D.

Haller H.

Ježek D.

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Ljiljak D.

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Stanić P.

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Šijanović S.

Šimunić V.

Škrgatić L.

Šprem Goldštajn M.

Šunj M.

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**Chairman:** Gürgan T.

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**Chairman Elect:** Motrenko Simić T.

**General Secretary:** Sefrioui O.

**Members:** Barri P, Dreyfus JM, Manna C, Tanos V, Vlaisavljević V.

**Funding Members:** Gürgan T, Makrigiannakis A, Sallam H.

**ČETVRTAK 05.09.2019. / THURSDAY 5<sup>th</sup> September, 2019****9:00-10:00** REGISTRACIJA / REGISTRATION**10:00-19:00** **RADIONICA 1 / WORKSHOP 1.****ANDROLOŠKA RADIONICA / ANDROLOGY WORKSHOP***Moderatori / Moderators: Marković A, Ljiljak D.***10:00-10:15** Stanić P. Welcome notes - President of Croatian Society of Clinical Embryologists**10:15-10:30** Zaninović N. How to treat and prepare semen after TESE/TESA – an update**10:30-10:45** Kovačić B. Activation of immotile testicular sperm before ICSI – is it necessary?**10:45-11:00** Ebner T. A comparison of spermatozoa selection techniques: IMSI vs. PICSI**11:00-11:45** Balaban B. Quality control in andrology lab**11:45-12:00** RASPRAVA / DISCUSSION**12:00-13:00** **Ručak / Lunch****13:00-18:00** **Andrology workshop**

| Work Station  | Title of Course                                    | Objectives  |
|---|--|---|
| 1. Moderators:<br>Čavlović K, Gelo N,<br>Rakoš Justament R        | <b>Semen analysis</b>                              | Participants will learn how to assess the following:<br>- volume,<br>- coagulation,<br>- liquefaction,<br>- viscosity,<br>- sperm count,<br>- sperm concentration (chambers: Makler, Neubauer hemacytometer, Cell Vision, Cell-VU, Microcell),<br>- sperm motility,<br>- differences between manual and CASA semen analysis,<br>- preparation of a seminal smear for morphology |
| 2. Moderators:<br>Tramišak Milaković T,<br>Dundović M             | <b>Sperm Morphology</b>                            | Participants will learn how to evaluate sperm morphology using Strict criteria:<br>- prestained slides<br>- Giemsa dye  |
| 3. Moderators:<br>Ljiljak D, Matković K                           | <b>HBA test</b>                                    | Preselection test for PICSI:<br>- Hyaluronan binding assay  |
| 4. Moderators:<br>Ćukušić Kalajžić A,<br>Panić Horvat L, Zovkić S | <b>Vitality test and Hypoosmotic swelling test</b> | Participants will learn how to make:<br>- Vitality test (Eosin-Nigrosin stain): how to distinguish dead and live sperm in a poor motility semen sample.<br>- HOS test evaluates sperm membrane integrity and is used to select live sperm for ICSI in a population of non-motile sperm  |
| 5. Moderators:<br>Vujisić S, Šogorić Ševo S                       | <b>Sperm DNA fragmentation</b>                     | Participants will learn how to measure sperm DNA damage using HALO test. They will learn about other techniques for the same purpose.   |

|  |   |   |
|--|---|---|
| 6. Moderators:<br>Hafner D, Špoljarić N, Matić I | <b>Sperm Preparation Methods</b>                                  | Participants will be acquainted on shematic slides about methods of sperm preparation.<br>- ejaculated sperm preparation for AIH,<br>- ejaculated sperm preparation for IVF,<br>- ejaculated sperm preparation for ICSI,<br>- sperm preparation after retrograde ejaculation,<br>- sperm preparation for ICSI after TESE/PESA/MESA<br>Basic sperm preparation techniques: swim-up technique, density gradient technique, MACS<br>Sperm selection techniques: PVP, PICSI, IMSI |
| 7. Moderators:<br>Stanić P, Dobec D, Štimac D    | <b>Semen Cryopreservation for Ejaculated and Testicular sperm</b> | Participants will learn tips and tricks in cryopreservation of fresh ejaculated semen and testicular sperm.   |
| 8. Moderators:<br>Kirinec G, Baričević M         | <b>Controlling for quality in the andrology laboratory</b>        | Participants will learn about QC and essential elements for good laboratory practice.   |
| Croatian Society of Clinical Embryologists       | <b>Sperm analysis report</b>                                      | Participants will learn what are minimal proposals for a good quality sperm analysis report.<br>- Revision of last consensus documents  |

**18:00-18:30** DODJELA POTVRDNICA / CERTIFICATE AWARDING

**18:30-19:00** ZAVRŠNE NAPOMENE / CLOSING REMARKS

**13:00-19:00** **RADIONICA 2 / WORKSHOP 2.**

**HISTOLOGIJA TESTISA I TESTIKULARNA EKSTRAKCIJA SPERMIJA (TESE) – praktični pristup / HISTOLOGY OF THE TESTIS AND TESTICULAR SPERM EXTRACTION (TESE) – a practical approach**

*Moderatori / Moderators: Ježek D, Katušić Bojanac A, Planinić A*

**Equipment and means of teaching:** 15 binocular microscopes, histological slides, video projection and simulation.

**Number of participants:** max. 15

|             | <b>Topic Title / Means Of Teaching</b>   | <b>Objectives</b>  |
|-------------|--|--|
| 13:00-14:00 | <b>Normal histology of the human testis / histological slides of the normal human testis &amp; epididymis</b><br>DISCUSSION  | - to recognize normal features of seminiferous tubules & seminiferous epithelium; testis interstitium; straight ducts; rete testis; efferent ducts, epididymis;                |
| 14:00-15:00 | <b>“Open” testicular biopsy &amp; handling of the testicular biopsy – a surgical approach (presentation of the surgical procedure, handling of the testicular biopsy)/video presentation</b><br>DISCUSSION | - to be acquainted with the surgical procedure of the open testicular biopsy; testicular biopsy excision; handling of the biopsy pieces; transport and freezing of the biopsy; |
| 15:00-15.20 | <b>Coffee break</b>  |  |

|             |  |  |
|-------------|--|--|
| 15:20-17:00 | <b>Obstructive azoospermia (OA);<br/>Non-obstructive azoospermia; Testicular biopsy scoring/histology slides</b><br>DISCUSSION       | - to distinguish between obstructive and non-obstructive azoospermia; testicular biopsy evaluation and scoring;    |
| 17:00-18:00 | <b>Special cases: Y-microdeletions, Klinefelter sy.; Testicular sperm extraction (TESE) /histological slides/video</b><br>DISCUSSION | - to deal with Y-microdeletion cases & Klinefelter sy.; thawing of the tissue & testicular sperm extraction (TESE) |

**18:00-18:30** DODJELA POTVRDNICA / CERTIFICATE AWARDING

**18:30-19:00** ZAVRŠNE NAPOMENE / CLOSING REMARKS

**14:00-19:00** **RADIONICA 3 / WORKSHOP 3.**

**PRAKTIČNI PRISTUP NENORMALNIM KRVARENJIMA IZ MATERNICE (NMK) /  
A PRACTICAL APPROACH TO ABNORMAL UTERINE BLEEDING (AUB)**

*Moderatori / Moderators: Šprem Goldštajn M, Haller H.*

**14:00-14:20** Banović M. Fiziologija menstruacije / Physiology of menstruation

**14:20-14:50** Marušić J. Klasifikacija i patogeneza NKM / Classification and pathogenesis of AUB

**14:50-15:20** Ćorić M. Obrada nenormalnih krvarenja iz maternice /  
Investigation of abnormal uterine bleeding

**15:20-15:40** Haller H. Liječenje akutnog obilnog menstruacijskog krvarenja /  
Treatment of acute heavy menstrual bleeding

**15:40-16:00** Bolanča I. Poremećaji ovulacije i endometralni razlozi NKM /  
Ovulation dysfunction and endometrial causes of AUB

**16:00-16:20** Šprem Goldštajn M. Krvarenje u perimenopauzi / Perimenopausal bleeding

**16:20-16:40** RASPRAVA / DISCUSSION

**16:40-17:00** **Pauza za kavu / Coffee break**

**17:00-18:30** **Prikaz slučajeva uz interaktivno sudjelovanje /  
Case studies with interactive participation**

*Moderatori / Moderators: Banović M, Bolanča I, Marušić J.*

Liječenje: Poremećaji hemostaze (AUB-C) /  
Treatment: Disorders of hemostatis (AUB-C)

Liječenje: Endometralni uzroci (AUB-E) ili poremećaji ovulacije (AUB-O) /  
Treatment: Endometrial causes (AUB-E) or ovulatory dysfunction (AUB-O)

Liječenje: Strukturalne anomalije (AUB-P, -A, -L) /  
Treatment: Structural abnormalities (AUB-P,-A, -L)

**18:30-18:45** DODJELA POTVRDNICA / CERTIFICATE AWARDING

**18:45-19:00** ZAVRŠNE NAPOMENE / CLOSING REMARKS

**20:00** **OTVARANJE KONGRESA I PRIJEM DOBRODOŠLICE /  
OPENING OF THE CONGRESS AND WELCOMING RECEPTION**



**PETAK 06.09.2019. / FRIDAY 6<sup>th</sup> September, 2019****Dvorana 1. kat - prijepodneva sjednica / Hall 1<sup>st</sup> floor - morning session****9:00-11:00 SJEDNICA 1 / SESSION 1****KONTROLIRANA OVARIJSKA STIMULACIJA /  
CONTROLLED OVARIAN STIMULATION**

- 9:00** Šimunić V. Ovarijska stimulacija - gdje smo danas? /  
Ovarian stimulation - where are we today?
- 9:20** Sallam H. Ovarijska rezerva kao vodič ovarijske stimulacije /  
Ovarian reserve as a guide for ovarian stimulation
- 9:40** Messinis I. Ovarijska stimulacija s ili bez GnRH analoga /  
Ovarian stimulation with or without GnRH analogue
- 10:00** Fatemi H. Individualni pristup liječenju u postupcima MPO / Individualisation in ART
- 10:20** RASPRAVA / DISCUSSION

**11:00 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Kolibianakis E. ESHRE smjernice za kontroliranu ovarijsku stimulaciju /  
ESHRE guidelines on COS

**11:00-11:30 Pauza za kavu / Coffee break****11.30-12.30 SJEDNICA 2 / SESSION 2****NERIJEŠENI PROBLEMI U IVF-u / UNSOLVED PROBLEMS IN IVF**

- 11:30** Barri Rague P. Zbog čega se euploidni embriji pobacuju? /  
Why euploid embryos miscarry?
- 11:50** Makriganakis A. Ponovljeni implantacijski neuspjeh / Repeated implantation failure
- 12:10** Popović-Todorović B. Postupak s nereceptivnim endometrijem /  
How to manage a refractory endometrium
- 12:30** RASPRAVA / DISCUSSION

**12:40-14:00 SJEDNICA 3 / SESSION 3****REGULATORNE IMPLIKACIJE U IVF-u / REGULATORY IMPLICATIONS IN IVF**

- 12:40** Gianaroli L, Magli C. Anonimnost u donacijskom programu - još uvijek realna opcija? /  
Egg donation - is anonymity still realistic?
- 13:00** Motrenko T. Koji su optimalni parametri praćenja u nacionalnim registrima? /  
Which are optimal monitoring parameters for national IVF registers?
- 13:20** Farquharson R. Uloga nacionalnih društava u promicanju dobre prakse i reprovigilance  
/ The role of medical societies in promoting a good practice and reprovigilance
- 13:40** RASPRAVA / DISCUSSION

**14:00-15:00 Ručak / Lunch**

**Dvorana 1. kat - poslijepodnevna sjednica / Hall 1<sup>st</sup> floor – afternoon session**

**15:00-17:30 SJEDNICA 4 / SESSION 4**

**SINDROM POLICISTIČNIH JAJNIKA / POLYCYSTIC OVARY SYNDROME**

**15:00-15:30 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Pavičić Baldani D. ESHRE smjernice za PCOS / ESHRE guidelines for PCOS

**15:30** Škrgatić L. Odabir hormonske kontracepcije ovisno o fenotipu PCOS-a /  
The choice of hormonal contraception according to a PCOS phenotype

**15:50** Sefrioui O. Uloga metformina i inozitola u liječenju PCOS-a /  
The role of metformin and inositols in the management of PCOS

**16:10** Tavmergen E. Algoritam liječenja neplodnosti uzrokovanih anovulacijama kod žena  
s PCOS / Current algorithm for the management of infertility in anovulatory PCOS

**16:30** Herman M. Mijenja li korištenje metformina ishod trudnoća žena s PCOS-om? /  
Effects of metformin on pregnancy outcomes in women with PCOS

**16:50** RASPRAVA / DISCUSSION

**17:00-17:30 Pauza za kavu / Coffee break**

**17:30-19:00 SJEDNICA 5 / SESSION 5**

**REPRODUKCIJSKA KIRURGIJA / REPRODUCTIVE SURGERY**

**17:30-18:00 KLJUČNO PREDAVANJE / KEY NOTE LECTURE**

Calhaz-Jorge C. Je li postojanje endometrioze značajno za uspjeh MPO? /  
Is endometriosis relevant for the ART success?

**18:00-19:00 RASPRAVA / DEBATE**

Glasovanje / Voting

Miomektomija kod asimptomatskih žena sa svrhom poboljšanja fertiliteta i  
smanjenja učestalosti spontanih pobačaja? / Removal of fibroids in asymptomatic  
patients to improve fertility and/or reduce a miscarriage rate

Pro: Kopitović V. / Contra: Banović V.

Rezultati glasovanja / Voting results

**18:30-19:00 KLJUČNO PREDAVANJE / KEY NOTE LECTURE**

Gianaroli L. Histeroskopija prije IVF-a? / Hysteroscopy before IVF?

**21:00 Kongresna večera / Congress Dinner**



**Dvorana 2. kat - prijepodnevna sjednica / Hall 2<sup>nd</sup> floor - morning session****9.00-11.00 SJEDNICA 6 / SESSION 6****KONTRACENCIJA / CONTRACEPTION**

- 9:00** Bolanča I. Što čini razliku među hormonskim kontraceptivima? /  
What makes a difference between hormonal contraceptives?
- 9:20** Smiljan Severinski N. Kontracepcija za adolescentice / Contraception for adolescents
- 9:40** Banović M. Optimalna kontracepcija za žene s endometriozom /  
Optimal contraception for women with endometriosis
- 10:00** Marušić J. Migrene i hormonska kontracepcija: što liječnici mogu propisati i što  
očekivati? / Migraine and hormonal contraception: what doctors may prescribe  
and what to expect?
- 10:20** RASPRAVA / DISCUSSION

**10:30-11:00 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Bokić S, Jandrić I. Obrada i testovi prije započinjanja hormonske kontracepcije /  
Examination and tests needed before initiation of hormonal contraception

**11:00-11:30 Pauza za kavu / Coffee break****11.30-14.00 SJEDNICA 7 / SESSION 7****REPRODUKCIJSKO ZDRAVLJE / REPRODUCTIVE HEALTH****11:30-11:50 KLJUČNO PREDAVANJE / KEY NOTE LECTURE**

Haller H. / Pavičić Baldani D. Medikamentno dovršenje trudnoće /  
Medical termination of pregnancy

- 11:50** Butorac D. HPV cjepivo – povjerenje i neodlučnost /  
HPV vaccine confidence and hesitancy
- 12:10** Pavičić Baldani D. Mioinositol - kome, kada i kako? /  
Myoinositol - to whom, when and how?
- 12:30** Ćorić M. Priraslice - veličina problema / Adhaesions - the size of the problem

**12:50-13:20 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Škrablin S. Ponavljani spontani pobačaji / Recurrent pregnancy loss

- 13:20** Roje D. Praktični pristup primjeni didrogesterona /  
A practical approach to dydrogesterone use
- 13:40** RASPRAVA / DISCUSSION

**14:00-15:00 Ručak / Lunch**

**Dvorana 2. kat - poslijepodnevna sjednica / Hall 2<sup>nd</sup> floor - afternoon session**

**15:00-16:30 SJEDNICA 8 / SESSION 8**

**VRUĆE TEME U EMBRIOLOGIJI 1 / HOT TOPICS IN EMBRIOLOGY 1**

- 15:00** Balaban B. Sekvencijski ili *single step* mediji? Utjecaj na klinički ishod MPO / Sequential or single step media? The impact on clinical outcome in ART
- 15:20** Kovačić B. Optimalna kultura embrija / Optimal embryo culture
- 15:40** Magli C. PGT – aneuploidija i mozaicizam / PGT- aneuploidy and mosaic embryos
- 16:00** Gelo N. Vrijedi li hipoteza “quite” embrija? / The quiete embryo hypothesis
- 16:20** RASPRAVA / DISCUSSION

**16:30-17:00 RASPRAVA / DEBATE**

- Glasovanje / Voting
- Time lapse imaging
- Pro: Zaninović N. / Contra: Ebner T.
- Rezultati glasovanja / Voting results

**17:00-17:30 Pauza za kavu / Coffee break**

**17:30-19:00 SJEDNICA 9 / SESSION 9**

**VRUĆE TEME U EMBRIOLOGIJI 2 / HOT TOPICS IN EMBRIOLOGY 2**

- 17:30** Vujisić S. Indikatori kvalitete ili kako definirati uspješnost IVF laboratorija / Laboratory KPIs or how to define a successful IVF lab?
- 17:50** Zaninović N. Umjetna inteligencija u IVF laboratoriju / Artificial intelligence in IVF lab
- 18:10** Tramišćak Milaković T. Optimalan broj oocita: kvaliteta ili kvantiteta? / The optimal number of oocytes: Quality or quantity?
- 18:30** Antifadis G. Spontana i pomognuta aktivacija oocita / Understanding mechanisms of oocyte activation and assisted oocyte activation
- 18:50** RASPRAVA / DISCUSSION

**21:00 Kongresna večera / Congress Dinner**



**SUBOTA 07.09.2019. / SATURDAY 7<sup>th</sup> September, 2019**

**Dvorana 1. kat - prijepodneva sjednica / Hall 1<sup>st</sup> floor - morning session**

**9:00-11:30 SJEDNICA 10 / SESSION 10**

**KONTROVERZNE TEME / CONTROVERSIAL ISSUES**

**9:00** Popović-Todorović B. Optimalno liječenje "poor respondera" /  
The optimal treatment for poor responders

**9:20-9:50 RASPRAVA / DEBATE**

Glasovanje / Voting

Više oocita je bolje nego manje? More eggs is better than less eggs?

Pro: Blockeel C. / Contra: Pinborg A.

Rezultati glasovanja / Voting results

**9:50-10:20 RASPRAVA / DEBATE**

Glasovanje / Voting

Freeze all za sve pacijente? / Freeze all for every patient?

Pro: Fatemi H. / Contra: Makrigianakis A.

Rezultati glasovanja / Voting results

**10:20** Blockeel C. Kako pripremiti endometriju za transfer zamrznutih embrija? /  
How to prepare for a frozen embryo transfer?

**10:50** Pinborg A. Dvojci nakon MPO - prihvatljivi ili su jatrogena komplikacija /  
Twins after ART - acceptable or iatrogenic complication

**11:10-11:30 SYMPOSIUM - FERRING**

TBA. Stimulacija ovulacije s follitropin-delta: naša iskustva /  
Ovarian stimulation with follitropin delta: our experience

**11:30-12:00 Pauza za kavu / Coffee break**

**12:00-12:40 SYMPOSIUM - MERCK**

**12:40-14:00 DEBATA STRUČNJAKA / DEBATE OF EXPERTS**

TBA. Sudbina embrija nakon dugotrajne kriopohrane /  
The fate of human embryos following a long-term cryopreservation

**14:00-15:00 Ručak / Lunch**



**Dvorana 1. kat - poslijepodnevna sjednica / Hall 1<sup>st</sup> floor – afternoon session**

**15:00-16:00 SYMPOSIUM - GEDEON RICHTER**

Donnez J. Mjesto medikamentog liječenja mioma maternice /  
The current place of medical therapy in uterine fibroid management

**16:00 -16:30 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Vlaisavljević V. Prijevremeno zatajanje jajnika / Premature ovarian insufficiency (POI)

**16:30-19:00 SJEDNICA 11 / SESSION 11**

**OČUVANJE PLODNOSTI / FERTILITY PRESERVATION**

**16:30-17:00 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Barri Rague P. Očuvanje plodnosti / Fertility preservation

**17:00-17:30 Pauza za kavu / Coffee break**

**17:30**

Vidaković S. Čuvanje plodnosti i liječenje neplodnosti u bolesnica s rakom dojke.  
Kako stimulirati i koji su ishodi? / Fertility preservation and infertility treatment in  
breast cancer patients. How to stimulate and what is the outcome?

**18:10**

Tanos V. Miomi kod mladih žena. Kako sačuvati maternicu? /  
Uterine fibroids in young women. How to preserve the uterus?

**18:30-19:00 RASPRAVA / DEBATE**

Glasovanje / voting

Zamrzavanje oocita na zahtjev / Social freezing

Pro: Gürkan T. / Contra: Bauman R, Sibinčić S.

Rezultati glasovanja / Voting results

**21:00**

**Kongresna večera / Congress Dinner**



**Dvorana 2. kat - prijepodnevna sjednica / Hall 2<sup>nd</sup> floor – morning session****10:00-11:30 SJEDNICA 12 / SESSION 12****ULTRAZVUK U REPRODUKCIJSKOJ MEDICINI /  
ULTRASOUND IN REPRODUCTIVE MEDICINE**

- 10:00** Tomičić K. Ultrazvučna procjena ovarijske rezerve, cisti i PCOS-a /  
Ultrasound evaluation of ovarian reserve, ovarian cysts and PCOS
- 10:20** Karelović D. Ultrazvučna procjena urođenih anomalija maternice /  
Ultrasound evaluation of congenital uterine anomalies
- 10:40** Radošević V. Ultrazvučna procjena mioma, polipa i priraslica maternice /  
Ultrasound evaluation of uterine fibroids, polyps and adhaesions
- 11:00** Despot A. 3D ultrazvuk, transformacijska zona i intersticijski prostor vrata maternice /  
3D ultrasound of transformation zone and interstitial space of the cervix
- 11:20** RASPRAVA / DISCUSSION

**11:30-12:00 Pauza za kavu / Coffee break****12:00-13:30 SJEDNICA 13 / SESSION 13****PRAKTIČNI PRISTUP HORMONSKOJ KONTRACENCIJI /  
A PRACTICAL APPROACH TO HORMONAL CONTRACEPTION**

Bokić S, Jandrić I, Pejković L, Podgajski M, Šunj M, Turudić T  
Interaktivna igra i prezentacija slajdova o pristupu čestim nuspojavama kombinirane hormonske kontracepcije (nepravilna krvarenja, glavobolje, dobivanje na težini, mučnina, promjene kože, napetost dojki, dispareunija, gubitak libida, promjene raspoloženja / Interactive memory game and slide presentation on the treatment of common side effects of combined hormonal contraception (irregular bleeding, headache, weight gain, nausea, skin changes, breast tenderness, dyspareunia, libido loss and mood changes)

**13:30-14:00 SMJERNICE I PREPORUKE / GUIDELINES AND RECOMMENDATIONS**

Pejković L, Šijanović S. Intrauterina kontracepcija – kome, koja obrada i kako postupati s nuspojavama / Intrauterine contraception – to whom, examinations and tests needed. How to deal with side effects.

**14:00-15:00 Ručak / Lunch**

**Dvorana 2. kat - poslijepodnevna sjednica / Hall 2<sup>nd</sup> floor – afternoon session**

**15:00-19:00 SJEDNICA 14 / SESSION 14**

**MENOPAUZALNA MEDICINA / MENOPAUSAL MEDICINE**

**15:00** Šprem Goldštajn M. Informirani pristanak za HNL - da ili ne? /  
Informed consent for HRT - yes or no?

**15:20** Verbanac D. Dijagnostika mikrobioma u postmenopauzi? /  
Should we test the microbiome in menopausal transition?

**15:40 RASPRAVA / DEBATE**

Krioprezervacija tkiva jajnika: nova *anti-aging* metoda? /  
Ovarian tissue cryopreservation: a new anti-aging treatment?

Pro: Šprem Goldštajn M. / Contra: Alebić M.Š.

Rezultati glasovanja / Voting results

**16:10** Herman D. "Diabetesity" - bolest 21. stoljeća / Diabetesity - 21<sup>st</sup> century disease

**16:30** Franič D. Regenerativna medicina u menopauzi /  
Regenerative medicine in postmenopause

**16:50** RASPRAVA / DISCUSSION

**17:00-17:30 Pauza za kavu / Coffee break**

**17:30-18:00 RASPRAVA / DEBATE**

Poboljšanje seksualnosti u menopauzi: testosteron / LASER? /  
Improving sex at menopause - testosterone / LASER?

Pro: Fistonić I / Contra: Bolanča I.

Rezultati glasovanja / Voting results

**18:30** Vujić G. HNL nakon liječenja zloćudne bolesti / HRT after malignant disease

**18:50** Matković V. HNL i karcinom dojke - ima li novosti? /  
HRT and breast cancer - is there anything new?

**21:00 Kongresna večera / Congress Dinner**



**NEDJELJA 08.09.2019. / SATURDAY 8<sup>th</sup> September, 2019**

**Dvorana 1. kat - prijepodneva sjednica / Hall 1<sup>st</sup> floor – morning session**

**10:00-13:00 SJEDNICA 15 / SESSION 15**

**KONTROVERZNE TEME / CONTROVERSIAL ISSUES**

- 10:00** TBA. Mikrobiom ženskog reproduktivnog sustava /  
Microbiome of female reproductive tract
- 10:20** TBA. Utjecaj okolišnih čimbenika na trudnoću /  
Environmental pollutants and pregnancy
- 10:40** TBA. Kome treba preporučiti NIPT testiranje? /  
To whom to recommend NIPT testing?
- 11:00** TBA. Skraćenje vrata maternice - kad liječiti / Cervical shortening - when to treat it?
- 11:20** TBA. Biomarkeri prijevremenog poroda / Biomarkers for preterm birth
- 11:40** TBA. Značaj hiperprolaktinemije te kliničke i subkliničke hipotireoze u trudnoći /  
Relevance of hyperprolactinemia and clinical and subclinical hypothyroidism  
in pregnancy

**12:00** RASPRAVA / DISCUSSION

**12:10-13:00 ZAVRŠNE NAPOMENE – ZAKLJUČCI KONGRESA /  
CLOSING REMARKS - CONCLUSION**



## **OPĆE INFORMACIJE / GENERAL INFORMATION**

### **Opatija, Hrvatska / Opatija, Croatia**

Opatija je poznato ljetno i zimsko hrvatsko turističko ljetovalište, s prosječnim temperaturama od 10°C zimi i 32°C ljeti. Ovaj je grad poznat po mediteranskoj klimi i povijesnim građevinama. U prošlosti je bio mjesto susreta brojnih poznatih osoba i pripadnika europske aristokracije. Opatija se nalazi 18 km jugozapadno od glavnog grada regije Rijeka, oko 90 km od Trsta i 174 km od glavnog grada Hrvatske, Zagreba.

Opatija is Croatia's well-known summer and winter tourist seaside resort, with average temperatures of 10°C in winter, and 32 °C in summer. Opatija is known for its Mediterranean climate and historic buildings. In the past it was a meeting point for numerous famous people and the members of the European aristocracy.

Opatija is located 18 km southwest of the regional capital Rijeka, about 90 km from Trieste and 174 km from the Croatian capital, Zagreb.

### **Mjesto održavanja / Venue**

Amadria Park Grand Hotel 4 Opatijska Cvijeta  
Kongresni centar 25/7 / Conference Park 25/7  
Viktora Cara Emina 6  
51410 Opatija, Croatia

### **Datumi / Dates**

05-08.09.2019. / 5<sup>th</sup>-8<sup>th</sup> September 2019

### **Jezik / Language**

Engleski i hrvatski su službeni jezici kongresa. Bit će omogućeno simultano prevodenje. Molimo prilikom registracije naglasiti potrebu za simultanim prevodenjem kako bi se osigurao potrebit broj uređaja.

English and Croatian are official languages of the Congress. Simultaneous translation of all lectures will be enabled. When registering, please indicate the need for simultaneous translation to ensure the exact number of devices.

### **Znanstveni program / Scientific program**

Znanstveni program obuhvaća najsuvremenije prezentacije, predavanja, rasprave, smjernice i preporuke, usmene i poster prezentacije.

The scientific program comprises of state-of-art presentations, lectures, discussions, guidelines and recommendations, oral and poster presentations.

### **Vrednovanje i potvrda o sudjelovanju / Evaluation and Certificate of Attendance**

Kongres će biti bodovan temeljem Pravilnika o trajnom usavršavanju Hrvatske liječničke komore. Svi sudionici kongresa s plaćenom kotizacijom koji su odslušali predavanja i sudjelovali na Kongresu, što će biti kontrolirano, dobit će verificiranu potvrdu o sudjelovanju na kongresu.

The Congress will be graded according to the Ordinance for continuous training of the Croatian Medical Chamber. All participants who will have completed all courses and participated in the Congress, will get a certificate at the end of the Congress.

## Televoting sustav / Televoting system

Radi analize uspješnosti prenesenih poruka, provjere mišljenja sudionika i poticanja aktivnog sudjelovanja, sudionicima će na raspolaganju biti televoting sustav.

In order to analyze the success of transmitted messages, to verify participants' opinions and to encourage active participation, televoting system will be enabled.

## Znanstvene prezentacije i osobna računala / Scientific presentations and PC reception

Kongresne dvorane nude potpunu audiovizualnu opremu. Računalna recepcija će se nalaziti ispred ulaza u Kongresne dvorane. Sve prezentacije moraju biti jasno označene imenom autora i naslovom sjednice. Molimo govornike da se prijave i dostave svoje izlaganje najmanje 2 sata prije sjednice na kojoj sudjeluju.

The Congress Halls offers full audio-visual equipment. A PC Reception desk will be at the entrance of Congress Halls. All presentations should be clearly labeled with author's name and session title. Speakers are kindly requested to check-in and deliver their presentations at least 2 hours prior to their session.

## Metode izlaganja / Methods of presentation

- Pozvana predavanja / Invited lectures – 20 min
- Smjernice i preporuke / Guidelines and recommendations – 30 min
- Rasprave / Debates – 30 min
- Ključna predavanja / Key note lectures – 30 min
- Usmena priopćenja / Oral presentations – 10 min
- Poster / Posters

## Kotizacija / Registration fee

- Predkongresni tečajevi / Precongress courses  
**RADIONICA 1 / WORKSHOP 1**  
 Androloška radionica / Andrology Workshop **1.125,00 kn / 150 EUR**
- **RADIONICA 2 / WORKSHOP 2**  
 Histologija testisa i testikularna ekstrakcija spermija (TESE)  
 – praktični pristup / Histology of the testis and testicular  
 sperm extraction (TESE) – a practical approach **375,00 kn / 50 EUR**
- **RADIONICA 3 / WORKSHOP 3**  
 Praktični pristup nenormalnim krvarenjima iz maternice (NMK) /  
 A practical approach to abnormal uterine bleeding (AUB) **375,00 kn / 50 EUR**
- Sudionici kongresa / Congress participants  
 Rana kotizacija do 21.06.2019. / Early registration until June 21<sup>st</sup>, 2019 **1.600 kn / 220 EUR**  
 Kasna kotizacija od 22.06.2019. / Late registration from June 22<sup>nd</sup>, 2019 **1.900 kn / 260 EUR**
- Specijalizanti / Residents **1.000 kn / 137 EUR**
- Sponzorsko osoblje / Sponsors and staff **1.000 kn / 137 EUR**
- Umirovljenici / Seniors **500 kn / 68 EUR**

**Kotizacija uključuje:** sudjelovanje u svim aktivnostima radionica i kongresa, radne materijale, potvrdu i bodove za sudjelovanje kao i ostale prateće sadržaje Kongresa.

**Registration fee includes:** Participation in all scientific workshops and congress activities, work materials, certificate of attendance as well as other supporting materials and contents of the Congress. Meals are not included in the price of the registration fee.

## Registracija sudionika / Registration

- Mjesto za registraciju nalazit će se u Kongresnom centru 25/7 /  
The Registration desk will be in Conference Park 25/7

## Radno vrijeme / Working hours

- Četvrtak / Thursday, 05.09.2019. 09:00 – 18:00
- Petak / Friday, 06.09.2019. 08:00 – 18:00
- Subota / Saturday, 07.09.2019. 08:00 – 18:00
- Nedjelja / Sunday, 08.09.2019. 09:00 – 11:00

## Otkazivanje sudjelovanja / Cancellation policy

Povrat uplaćene kotizacije moguć je za otkazivanje sudjelovanja do 03.08.2019., a uplaćeni iznos bit će umanjen za 30% od netto iznosa te administrativne troškove. Povrat je moguć samo na temelju pismenog zahtjeva organizatoru. Povrat sredstava bit će izvršen nakon završetka kongresa. Kotizacija neće biti vraćena ukoliko otkaz sudjelovanja nastupi nakon 03.08.2019.

The refund of the registration fee is possible until 3<sup>rd</sup> August 2019. The amount paid will be reduced by 30% of the net amount due to administrative costs. Return is possible only on the basis of a written request to the organizer. Refunds will be made after the Congress has ended. The fee will not be refunded if the cancellation of the participation occurs after 3<sup>rd</sup> August 2019.

## Hotelski smještaj / Accommodation

Sudionicima kongresa nudimo smještaj u Amadria Park hotelima / For congress participants we offer accommodation in Amadria Park hotels:

| NAZIV HOTELA / HOTEL   | Jednokrevetna soba /<br>Single room | Dvokrevetna soba /<br>Double room |
|------------------------|-------------------------------------|-----------------------------------|
| Hotel Agava ****       | 3.600 kn / 495 EUR                  | 2.800 kn / 385 EUR                |
| Hotel Continental **** | 3.600 kn / 495 EUR                  | 2.800 kn / 385 EUR                |
| Hotel Continental **** | 3.900 kn / 535 EUR                  | 2.900 kn / 398 EUR                |
| Villa Royal ****       | 3.900 kn / 535 EUR                  | 2.900 kn / 398 EUR                |
| Hotel Royal ****       | 4.100 kn / 565 EUR                  | 3.200 kn / 440 EUR                |

Cijene smještaja uključuju slijedeće usluge (po osobi) /  
Accommodation prices include following services (per person):

- 3 noćenja s doručkom i večerom (05. – 08.09.2019.) /  
3 nights with breakfast and dinner (September 5 – 8, 2019)
- ručak tijekom svih dana kongresnog programa / lunches during the congress
- boravišnu pristojbu i PDV / stay tax and VAT

## **Putovnice i vize / Passport and Visas**

Za ulazak u Hrvatsku potrebna je važeća putovnica. Za pojedinosti se obratite najbližoj hrvatskoj ambasadi/konzulatu.

A valid passport is required for entry to Croatia. Please consult the nearest Croatian Consulate for specific details.

## **Pozivno pismo / Letter of invitation**

Osobe koje traže pozivno pismo za potrebe vize mogu se izravno obratiti Organizacijskom odboru kongresa na adresi [maja@contres.hr](mailto:maja@contres.hr) ili [info@msrmsociety.com](mailto:info@msrmsociety.com). Ovaj postupak ima za cilj pomoći sudionicima koji trebaju dobiti vizu ili dopuštenje za sudjelovanje na Kongresu i ne bi se trebali smatrati službenim pozivom za pokrivanje naknada ili drugih troškova.

Persons that require an invitation letter for visa purposes may refer directly to the Congress Secretariat at [maja@contres.hr](mailto:maja@contres.hr) or [info@msrmsociety.com](mailto:info@msrmsociety.com). This procedure aims to assist participants who need to obtain visa or permission to attend the Congress and should not be considered as an official invitation covering fees or other expenses.

## **Putovanje u Opatiju / Travel to Opatija**

Zračne luke u blizini / Nearby airports: Rijeka (44 km), Pula (75 km), Zagreb (200 km), Ljubljana (135 km), Venecija (208 km)

Sve dodatne informacije o dolasku u Opatiju pronađite na poveznici <https://www.visitopatija.com/kako-doputovati-c298>

Find more information about arriving to Opatija at <https://www.visitopatija.com/en/how-to-come-to-opatija-c298>

**Organizacijski odbor, tehnička i profesionalna podrška /  
Organisation board, technical and professional support**



**Kontakt osoba za sponzore i izlagače /  
Contact person for sponsors and exhibitors:**  
Maja Orsag - [maja@contres.hr](mailto:maja@contres.hr)

**Kontakt osobe za prijave i smještaj - sudionici iz Hrvatske /  
Contact persons for registration and accommodation - participants from Croatia:**  
Josipa Čale - [josipa@contres.hr](mailto:josipa@contres.hr)  
Marina Martinić Lovrec - [marina@contres.hr](mailto:marina@contres.hr)  
tel. 00385 1 4821 193  
[wwwcontres.hr](http://wwwcontres.hr)

**PCO agencija partner za Srbiju i Crnu Goru /  
PCO Partner Agency for Serbia and Montenegro**



**Kontakt osoba za prijavu i smještaj - sudionici iz Srbije i Crne Gore /  
Contact person for registration and accommodation - participants from Serbia and Montenegro**  
Dušica Bojković - [dusica@astakos.com](mailto:dusica@astakos.com)  
tel. 00381 63 232663 or 00382 67 452258  
[www.astakos.com](http://www.astakos.com)