

#### Dear colleagues and friends,

We are approaching another significant event - the 15<sup>th</sup> Croatian Congress of Gynecological Endocrinology, Human Reproduction and Menopause, alongside the 8<sup>th</sup> International Congress of Clinical Embryologists.

This congress, traditionally gathering experts from Croatia and abroad, remains one of the most important and well-attended professional meetings in the region. Our aim this year, as always, is to provide a platform for sharing the latest scientific knowledge, clinical experiences, and innovations shaping the future of our field.

We have prepared a comprehensive program featuring top speakers - both global and regional authorities - along with numerous panels, and discussions designed to foster constructive dialogue and inspiring collaboration.

It is our great honor and privilege to welcome a truly remarkable guest this year – Mrs. Louise Brown, the world's first IVF baby. Born in 1978, a groundbreaking moment in medical history, offering new hope to millions. Today, she continues to inspire and advocate for reproductive health, raising awareness about the power of science, compassion, and possibility. Her story is not only a milestone of modern medicine, but also of families struggling with infertility.

We look forward to sharing new knowledge and experiences with you, creating yet another memorable scientific and social event.

Sincerely,

Prof. dr. sc. **Dinka Pavičić Baldani**President of Croatian Society for Gynecological
Endocrinology and Reproductive Medicine



#### **PATRONS**

- · Ministry of Health of the Republic of Croatia
- · Ministry of Demography and Immigration of the Republic of Croatia
- · University of Zagreb, School of Medicine

#### **ORGANIZERS**

- · Croatian Society of Gynecological Endocrinology and Reproductive Medicine
- Croatian Society of Clinical Embryologists
- · Croatian Medical Association

#### **Co-organizers**

- Croatian Society for Menopause
- Croatian Society for Endometriosis
- · Croatian Society for Perinatal Medicine

#### **Presidents**

Dinka Pavičić Baldani Dejan Ljiljak

## **Honorary President**

Velimir Šimunić

#### **Vice Presidents**

Marina Šprem Goldštajn

Lana Škrgatić

Patrik Stanić

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#### Scientific Committee

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Kristina Čavlović
Davor Štimac
Nina Gelo
Tamara Tramišak
Ivan Jandrić
Dejan Ljiljak
Lara Marcijuš
Slavko Orešković
Dinka Pavičić Baldani

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#### **Speakers**

Baris Ata (UAE, TR) Miro Šimun Alebić

Ivan Bolanča

Gurkan Bozdag (TR) Tomislav Božek Lucija Božiković Danijel Bursać

Carlos Calhaz-Jorge (P)

Kristina Čavlović Mario Ćorić

De Silva Olga (DK)

Samuel dos Santos Ribeiro (P)

Marija Dundović Thomas Ebner (A)

Vesna Elveđi Gašparović Ivana Erceg Ivkošić Human Fatemi (UAE)

Nina Gelo Ivan Grbavac Dubravko Habek Daria Hafner Tomislav Hafner Dinko Hauptman

Davorka Herman Mahečić

Ivan Jandrić

Mislav Herman

Andrijana Jovanović (MNE)

Tado Jurić

Magdalena Karadža Kristina Kljajić Klaudija Kordić

Branka Kovačević Obradović (SRB)

Borut Kovačič (SLO) Milica Krstivojević (SRB)

Dejan Liljak

Antonios Makrigiannakis (GR)

Ulla Marton Jelena Marušić Luka Matak Igor Matić Mislav Mikuš

Tatjana Motrenko Simić (MNE)

Dinka Pavičić Baldani

Iva Pitner Petar Poljak

Nikolaos Polyzos (E) Mina Popović (E)

Velena Radošević

Biljana Popović Todorovic (SRB)

Andreu Quintana Vehi (E)

Catello Scarica (I) Neda Smiljan Severinski

Svetlana Spremović Rađenović (SRB)

Bert Stewart (UK) Vesna Šalamun (SLO) Siniša Šijanović Velimir Šimunić Lana Škrgatić

Marina Šprem Goldštajn

lda Marija Šola Davor Štimac Tea Štimac

Martin Štimpfel (SLO)

Martina Šunj Darija Strah (SLO) Ana Tikvica Luetić Kelly Tilleman (B) Tamara Tramišak

Veljko Vlaisavljević (SLO) Eda Vrtačnik Bokal (SLO) Urban Vrtačnik (SLO)

Sanja Vujisić Marko Vulić Goran Vujić Vanja Vukić Koen Wouters (B) Christine Wyns (B)

#### **Methods of presentation**

• Invited lectures 20 min / 15 min

Debates 30 minPanel discussion 30 min

Sponsored lectures
 Industry sponsored session
 Industry sponsored mini symposium
 60 min / 75 min

• Oral presentations 10 min

Posters

#### Language

English and Croatian are official languages of the Congress. Lectures in the Hall 2A and Hall 2B (8<sup>th</sup> Congress of the Croatian Society of Clinical Embryologists), will be held exclusively in English.

#### **Purpose of the scientific Congress**

The meeting is intended for doctors specializing in gynecology, obstetrics and human reproduction, specialists in gynecology, embryologists, nurses and all other health professionals who in any way deal with gynecology, endocrinology and human reproduction.

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# **THURSDAY September 11, 2025**

#### Amadria Conference Park 25/7 - Hall 1 / 1st Floor

15.50 - 16.00 INTRODUCTION TO THE CONGRESS

#### PERINATAL MEDICINE MEETS REPRODUCTION

Chairs: Hafner T., Vulić M.

16.00 - 16.40	DEBATE: Recurrent pregnancy loss: evidence-based	
	managemen	t vs. empirical treatment - what should
	be the standa	ard of care?
	16.00 - 16.15	<b>Vulić M.</b> Evidence-based management

10.00 - 10.15	valie ivi. Evidence based management
16.15 – 16.30	Štimac T. Empirical treatment
16.30 - 16.40	Discussion with televoting

16.40 - 17.00	Herman Mahečić D., Pavičić Baldani D.	
	When TSH and antibodies are elevated but symptoms are	
	silent - what should a gynecologist do? /	
	Industry sponsored lecture - IntelNet	
17.00 - 17.20	Škrgatić L., Hauptman D. From cell to conception: the role	
	L-carnitine and myo-inositol / Industry sponsored	

	lecture - IntelNet
17.20 - 17.40	Herman M. Hyperemesis gravidarum: new insights into its
	causes and treatment options

17.40 - 18.10	DEBATE: Prenatal screening in 2025: should we redefine
	ultrasound standards and embrace a multi-parametric
	approach?

approacii.	
17.40 - 17.50	Hafner T. In standard we trust: why current ultrasound protocols should remain the foundation of prenatal screening
17.50 - 18.00	<b>Elvedi Gašparović V</b> . Beyond the basics: redefining ultrasound with new parameters and genomic integration
18.00 - 18.10	Discussion with televoting

18.10 - 18.25	Radošević V. Rheumatic diseases and pregnancy - safety of Cimzia® use / Industry sponsored lecture - Medis Adria
18.25 - 18.40	Habek D. Hyaluronic acid in female genital health / Industry sponsored lecture - Proximum
18.40 - 19.00	Elveđi Gašparović V. Pregnancy outcomes after age 45

#### 19.15 CONGRESS OPENING (Royal Square)



# **THURSDAY September 11, 2025**

Amadria Conference Park 25/7 - Hall 2A / 2<sup>nd</sup> Floor

All lectures will be held in English.

15.50 - 16.00 INTRODUCTION TO THE CONGRESS

# MUST-KNOW TOPICS FOR CLINITIANS AND EMBRYOLOGISTS IN REPRODUCTIVE MEDICINE

Chairs: Popović Todorović B., Bolanča I.

Chairs: Popovi	Chairs: Popovic Todorovic B., Bolanca I.		
16.00 - 16.30	Panel discussion: How to calculate key performance indicators in reproductive medicine		
	Moderator: Vlaisavljević V.		
	Panelists: Ebner T., Kovačič B., Motrenko Simić T., Vlaisavljević		
16.30 - 16.50	Motrenko Simić T. How ESHRE certification and accreditation can help raise standards of reproductive medicine		

	can help raise standards of reproductive medicine in the region
16.50 - 17.10	<b>Calhaz-Jorge C</b> . IVF in Europe – legislation, regulation, funding and registries in European countries
17.10 - 17.30	Wyns C. European and global ART monitoring & EuMAR

17.30 - 18.00	Panel discussion: Evaluating IVF success:
	how to interpret reported data?

Moderator: Motrenko Simić T.

Panelists: Calhaz-Jorge C., Kordić K., Kovačič B.,

Makrigiannakis A., Motrenko Simić T., Pavičić Baldani D.,

Popović Todorović B., Šimunić V., Wyns C.

**18.00 - 18.15** Discussion

# 18.15 - 19.05 Merck Symposium

18.15 – 18.45 **Fatemi H**. The era of individualized ovarian stimulation and triggering

18.45 – 19.05 Discussion

**19.15 CONGRESS OPENING** (Royal Square)

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## FRIDAY September 12, 2025

Amadria Conference Park 25/7 - Hall 1 / 1st Floor

9.00 - 9.30 FROM MIRACLE TO MAINSTREAM: THE LEGACY OF FIRST IVF BABY

> Special Guest: Louise Brown Moderator: Barbara Kolar

#### WHAT YOU MUST KNOW BEFORE IT'S TOO LATE

9.35 - 10.20 Elimination of HPV-related cancer /
Industry sponsored session - MSD
Moderators: Pavičić Baldani D., Vujić G.

9.35 – 9.55 **Pavičić Baldani D.** Values of HPV vaccination

in adults

9.55 - 10.15 **Vujić G**. A comprehensive approach to the

prevention of HPV-related cancer

10.15 - 10.20 Discussion

10.20 - 11.20 Obesity and Women's Health: A New Therapeutic Era with

**Tirzepate** / Industry sponsored mini symposium - Eli Lilly

Moderator: Škrgatić L.

10.20 - 10.25 **Škrgatić L**. Obesity and Women's Health:

A New Therapeutic Era

10.25 - 10.40 **Jandrić I.** The impact of obesity on women's

health from menarche to menopause

10.40 - 10.55 Kljajić K. Dual GIP/GLP-1 agonist: a new

paradigm in appetite and metabolic regulation

10.55 - 11.10 Božek T. A New horizon in obesity

pharmacotherapy - what does the latest

research say?

11.10 - 11.20 Discussion

#### 11.20 - 11.45 Coffee break

11.45 - 13.00 Obesity is not someone else's problem: why gynecologists

must intervene / Industry sponsored mini symposium

Novo Nordisk

Moderator: Pavičić Baldani D.

11.45 – 12.00 Bolanča I. Communicating with people

living with obesity

12.00 – 12.15	<b>Šprem Goldštajn M</b> . Menopause on the scale: why does weight gain	1st FLOOF
	come more easily?	
12.15 – 12.30	Herman Mahečić D. GLP-1 agonists in the spotlight: what do the clinical	
	trials really tell us?	
12.30 - 12.45	Marušić J. GLP1 agonists – to whom, who	

HALL

13.00 - 14.30 Lunch

#### **MENOPAUSE: IT'S TIME TO STOP IGNORING IT**

14.30 - 15.30 Vasomotor symptoms - it is all in our head /

12.45 - 13.00 Discussion

Industry sponsored mini symposium - Astellas

Moderator: Šprem Goldštajn M.

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14.30 - 14.45	<b>Šprem Goldštajn M</b> . Understanding the perimenopause journey
14.45 - 15.00	Pavičić Baldani D. Importance of individualizing MHT and its impact on CV heath in postmenopausal women
15.00 - 15.15	Jandrić I. Fezolinetant – new non-hormonal option for VMS in menopause
15.15 - 15.30	Marušić J. Fezolinetant - to whom, when, and for how long - case studies with televoting

### Chairs: Spremović Rađenović S., Šprem Goldštajn M.

**15.30 - 15.40 Jandrić I**. Results of DAYLIGHT study

15.40 - 16.00 Šprem Goldštajn M. Advances in the treatment

of vaginal atrophy: The role of estriol / Industry sponsored lecture - Remedia

**16.00 - 16.20** Spremović Rađenović S. Inovative therapeutic approach

for women in perimenopause and menopause / Industry sponsored lecture - Abela Pharm

Coffee break

16.20 - 16.40

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# FROM OUTPATIENTS' CLINIC TO OPERATING ROOM: ENDOMETRIOSIS AS A CHALLENGE IN MODERN GYNECOLOGY

Chairs: Ćorić M., Vrtačnik Bokal E.

16.40 - 17.00	Bolanča I. How understanding the pathogenesis		
	endometriosis shapes pharmacological therapy		

17.00 - 17.30 Panel discussion with case-reports and televoting:
Pharmacological treatment of endometriosis:
when, what, how, and what if it doesn't work?

Chair: Bolanča I.

Panelists: Vrtačnik Bokal E., Bolanča I., Šalamun V.

17.30 - 18.00	DEBATE: Laparoscopic surgery or direct IVF?
	Which is the optimal approach for women with
	endometriosis seeking pregnancy?

17.30 – 17.40	<b>Coric M.</b> First surgery, then natural conception
	or IVF

17.40 – 17.50	Karadža M. Avoid surgery, go straight to IVF
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17.50 - 18.00 Discussion with televoting

18.00 - 18.15	Matak L. Preservation of ovarian fertility potential in patient		
	with ovarian endometriosis using the Helix system (Helica)		
	Industry spansared lastura. Div Madical		

Industry sponsored lecture - Riv Medical

18.15 - 18.35 Vrtačnik Bokal E. Endometriosis and risk of adverse

pregnancy outcomes

**18.35 - 18.45** Discussion

21.00 Informal gathering of congress participants (Royal Hall - Hotel Royal)

# FRIDAY September 12, 2025

Amadria Conference Park 25/7 - Hall 2A / 2<sup>nd</sup> Floor

All lectures will be held in English.

Chairs: Popović Todorović B., Alebić M. Š.

13.00 - 14.30	Lunch	
12.50 - 13.00	Discussion	
11.30 - 12.50	<b>Tikvica Luetić A</b> . Follicle size at the time of trigger and oocyte maturation: does one size fit for all ovarian stimulation protocols?	
12.10 - 12.30	<b>Grbavac I</b> . The optimal number of oocytes we should aim with ovarian stimulation	
11.50 - 12.10	Alebić M.Š. The AMH-AFC dilemma: when numbers don't match: who wins?	
11.30 - 11.50	Coffee break	
11.00 - 11.30	Šimunić V. Hormones in IVF - Benefit and dilemmas	
10.45 - 11.00	Discussion	
10.30 - 10.45	Vrtačnik U. Legal issues and challenges in gamete donation	
10.15 - 10.30	<b>Kordić K</b> . The missing lesson: FActs! on fertility awareness and sexual health education in Croatia	
10.00 - 10.15	Jurić T. Infertility and demographic decline	
Chairs: Popovi	č Todorović B., Alebić M. S.	

HALL

# FROM STIMULATION TO IMPLANTATION: NAVIGATING THE COMPLEX PATH TO IVF SUCCESS

Chairs: Motrenko Simić T., Grbavac I.

14.30 - 14.50	Ata B. Highlights of the updated ovarian stimulation guideline
14.50 - 15.10	Poljak P. Novel protocols in ovarian stimulation
15.10 - 15.30	<b>Popović Todorović B</b> . Adjuncts in ovarian stimulation: game changers or unnecessary extras?
15.30 - 15.50	<b>Polyzos N</b> . Fresh evidence for frozen transfers: choosing the right FET protocol
15.50 - 16.10	<b>Bozdag G</b> . Too little or too much? The progesterone puzzle in fresh and frozen embryo transfers
16.10 - 16.30	Discussion

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16.30 - 17.00	Coffee break	
17.00 - 17.20	Ata B. Walking on the thin endometrium	
17.00 - 17.20	Ala b. Walking on the thin endomethan	
17.20 - 17.40	Makrigiannakis A. Endometrial solutions for implantation failure: from theory to therapy	
17.40 - 18.00	<b>Motrenko Simić T.</b> Chronic endometritis and microbiome testing: clinical value or just hype?	
18.00 - 18.20	Marton U. Modulating the Reproductive Microbiome: The Role of Probiotics in Enhancing IVF Success / Industry sponsored lecture - AllergoSan	
18.20 - 18.40	Discussion	
21.00	Informal gathering of congress participants (Royal Hall - Hotel Royal)	

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# FRIDAY September 12, 2025

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Amadria Conference Park 25/7 - Hall 2B / 2<sup>nd</sup> Floor All lectures will be held in English.

# 8<sup>th</sup> Congress of Croatian Society of Clinical Embryologists with international participation

iljak D., Stanić P.		
Kovačič B. Advanced maternal age affects FET susceptibility to high oxygen environment		
10.00 - 10.15 Ebner T. Mitochondrial DNA mutation in human oocytes		
Scarica C. Management of low-quality blastocysts		
Quintana Vehi A. Decoding embryo development: patient and embryo factors shaping morphokinetics		
Discussion		
Coffee break		
ovačič B., Vujisić S.		
Popović M. Ultrafast warming of oocytes and embryos: translational research meets clinical practice		
Tilleman K. Embryo cryo protocols in 2025		
<b>Štimpfel M</b> . Cryopreservation changes miRNA expression in spermatozoa		
Dundović M. Epigenomic implication of embryo vitrification – what do we know?		
<b>Čavlović K</b> . Frozen blastocyst: day 5 vs day 6 survival and clinical outcomes		
Discussion		

Krstivojević M. DET vs SET: more is less!

pregnancy loss (RPL) - a view from the IVF lab

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Štimac D. Recurrent implantation failure (RIF) and recurrent

14.30 - 14.45 14.45 - 15.00

Moderators: Hafner D., Tramišak T.



	Božiković L. Evolution of non-invasive 2 <sup>nd</sup> FLOO			
15.00 - 15.15 Božiković L. Evolution of non-invasive				
	preimplantation genetic testing			
15.15 - 15.30	Wouters K. ICSI for patients with non male factor infertility			
15.30 - 15.45	· ·			
15.45 - 16.00				
16.00 - 16.15				
16.15 - 17.00	Discussion			
17.00 - 18.00	New SoHO Regulation			
17.00 – 17.15	Gelo N. Updates to new European legislation - short overview on new legislation			
17.15 – 17.30	<b>Tilleman K</b> . Data transfer - to whom, when, why?			
17.30 – 18.00 <b>Round table</b>				
	Moderator: Gelo N.			
	Participants: Tilleman K., Vukić V.			
18.00 - 18.15	De Silva O. Marginal gains: oocytes and blastocysts vitrification / Industry sponsored lecture A&B			
18.15 - 18.35	Stewart B. Ultra RapidWarm Blast: Maintain stable results in a fraction of your time / Industry sponsored lecture Eurokontakt, FertiCAD and Vitrolife			
18.15	Conclusions and closing of the congress of embryologists			
21.00	Informal gathering of congress participants (Royal Hall - Hotel Royal)			



# **SATURDAY September 13, 2025**

Amadria Conference Park 25/7 - Hall 1 / 1st Floor

#### **PCOS: A JOURNEY THROUGHT THE MYSTERY OF THE ENIGMATIC SYNDROME**

I., Škrgatić L.		
Škrgatić L. Challenges in the diagnosis and treatment of PCOS in adolescents and early reproductive age		
Jandrić I. Metabolic challenges of PCOS in later reproductive age and menopause		
<b>Mikuš M</b> . From puberty to menopause: clinical interpretation of AMH in everyday gynecological practice		
<b>Strah D</b> . Multidisciplinary holistic treatment of PCOS in private gynecological clinic in Slovenia		
<b>Herman Mahečić D</b> . PCOS and folate: a small molecule, a big impact / Industry sponsored lecture – JGL		
<b>Erceg Ivkošić I</b> . Inositols - therapeutic support in PCOS management / Industry sponsored lecture - Medis Adria		
Panel discussion with patient case presentations: Personalized care for PCOS - tailoring treatments for better outcomes with televoting Chair: Škrgatić L. Panelists: Erceg Ivkošić I., Herman Mahečić D., Jandrić I., Strah D., Škrgatić L.		

#### 11.05 - 11.25 **Coffee break**

#### **CONTRACEPTION - BETWEEN FEAR AND FACTS**

Chaire Smilian Savarinski N. Šuni M.

Chairs: Smiljan Severinski N., Sunj M.		
11.25 - 11.55	DEBATE: Should we opt for an individualized approach or standardized testing for all hormonal contraception users?	
	11.25 - 11.35	<b>Šijanović S</b> . Pro: Testing is crucial for patient safety

Smiljan Severinski N. Contra: 11.35 - 11.45 Testing does not enhance safety and only creates a false sense of risk

11.45 - 11.55 Discussion

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11.55 - 12.15	Jandrić I. Venous thrombosis and hormones: where science ends and fear begins? / Industry sponsored lecture - Gedeon Richter
12.15 - 12.35	Marton U. Real - world experience using the MIDI copper IUD / Industry sponsored lecture - Adexilis
12.35 - 13.00	DEBATE: Impact of hormonal contraception on mental health and sexual function: benefit or burden?
	12.25 - 12.35 <b>Šunj M</b> . Pro: Let's be objective - evidence from clinical studies

12.35 – 12.45 **Pitner I.** Contra: Different preparations, different risks – why individualized care matters

13.00 CLOSING CEREMONY

12.45 - 12.55 Discussion

13.00 - 14.30 Lunch



# **SATURDAY September 13, 2025**

Amadria Conference Park 25/7 - Hall 2A / 2<sup>nd</sup> Floor All lectures will be held in English.

ONE GOAL	ONE TEAM:	CLINICIANS	AND EMBRYOL	OGISTS TOGETHER
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9.30 - 10.30	Industry sponsored mini symposium - Ferring		
	9.30 - 10.00	dos Santos Ribeiro S. The Path to Precision: Clinical Evidence Shaping Ovarian Stimulation Today	
	10.00 - 10.30	Pavičić Baldani D., Popović Todorović B. What would you do? Interactive case challenges with televoting	

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10.30 - 11.00	Choose one, gain more: the science behind single embryo transfer		
		10.30 - 10.40	<b>Popović Todorović B</b> . SET vs DET from the gynecologist's perspective
		10.40 - 10.50	<b>Štimac D</b> . SET vs DET from the embryologist's perspective
		10.50 - 11.00	Discussion

11.00 - 11.20	Coffee break		
11.20 - 11.35	<b>De Silva O</b> . OPU procedure - focus on the integrity of the oocytes / Industry sponsored lecture A&B		
11.35 - 12.05	DEBATE: Freeze or wait? Defining the right time for fertility preservation Chairs: Bursać D., Škrgatić L.		
	11.35 – 11.45	<b>Scarica C</b> . Freeze smart, not everyone, not anytime	
	11.45 – 11.55	Bursać D. Freeze anytime, freeze for all	
	11.55 – 12.05	Discussion	

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# 12.05 - 12.35 Time to rethink fertility preservation in

breast cancer patients

Chairs: Bursać D., Kisić M.

12.05-12.15 **Šola I. M.** Do all patients need fertility

preservation?

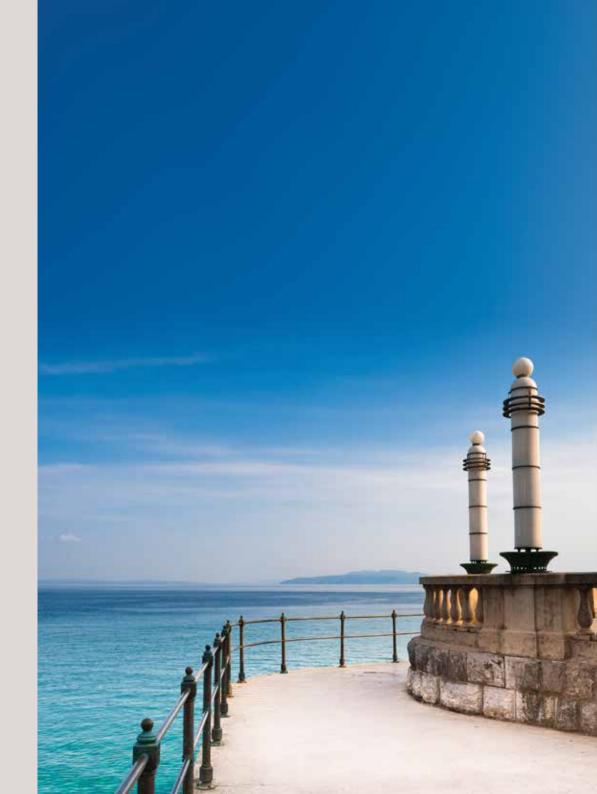
12.15-12.25 Škrgatić L. Do we need anti-estrogen

therapy in the stimulation protocols?

12.25-12.35 Discussion

12.40 CLOSING CEREMONY

13.00 - 14.30 Lunch





#### **INFORMACIJE**

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